

# The Sun

50¢

## New city manager to start on January 8

By Brenda Bunting  
Editor

After much negotiation, the City of Belle Glade and Tony Smith have agreed to a contract that will allow him to start as the new city manager on January 8.

Acting City Manager Dave Wood said Mayor D. Bill Mathis and City Attorney Charles Schoech met with Mr. Smith two weeks ago and hammered out a contract that was not only legal, but fair to both parties.

Mr. Smith will be paid a salary of \$85,000 a year, down from the

original negotiated contract of \$85,500 made by former mayor Hyman Miller and city staff. He will also not be paid a housing allowance, said Mr. Wood, but will receive moving expenses up to \$5,000 and relocation expenses and a temporary housing allowance of up to \$5,000 for the first three months.

One of the most contentious portions of the old contract, which City Attorney Schoech said was in violation of the city's charter, has been removed from the new contract, according to Mr. Wood.

Mr. Smith is hired for "an indefinite period of time" as is required by the city's charter. If he is terminated before January of 2002, he will be given three months notice, during which time he would continue to work, and three months severance pay. After the first year, Mr. Wood says Smith will have to be given three months notice and one month severance pay.

Mr. Wood has been acting city manager since July when then-city manager Shelton Smith resigned to take a job in Dolhan, Alabama. After advertising the

position, Tony Smith was the commission's top choice and he was interviewed in September and a contract was signed by Mrs. Miller, Mr. Smith and City Clerk Debra Buff. But City Attorney Schoech said the contract was invalid because portions of the contract violated the city's charter.

After the September election, when then-mayor Miller was ousted by challenger Jeff Hawkins, the commission voted not to hire Mr. Smith. This action caused a conflict in the black community, many of

whom said the action was racially motivated.

The commission reversed its decision on October 16 and agreed to re-negotiate with Mr. Smith.

Mr. Wood said he believes Mr. Smith will move to Belle Glade in mid-December. He said he has already asked for background information about the city's business to prepare himself for the job.

"He really wants this job," said Mr. Wood. "I think he really wants to be a city manager in Palm Beach County."



**Welcome to Our World**  
which will be presented by the Chancel Choir of Community United Methodist Church on Sunday, Dec. 17 at 7 p.m.  
An exciting blend of music and message, this presentation welcomes the season of Christmas into our hearts and homes. Bring your family and friends.

### All Star Summer Basketball Camp

Applications are now being evaluated for The Ten All Star Summer Basketball Camp, Boys, ages 8-19, and Girls 10-19, can apply. Players are selected by invitation only.

Past participants include: Michael Jordan, Tim Duncan, Vince Carter, Jerry Stackhouse, Grant Hill, Bobby Hurley, Antawn Jamison, Jamison Laetner, Tom Gugliotta, and Trajan Langdon. Camp locations include: Babson Park, FL; Redlands, CA; Thousand Oaks, CA; Sackville, N.B. Canada; Gainesville, GA; Champaign, IL; Macomb, IL; Greencastle, IN; Aitchison, KS; Midway, KY; Hillsdale, MI; Saint Paul, MN; Fayette, MO; Rochester, NY; Bowling Springs, NC; North Canton, OH; Lock Haven, PA; Bristol, RI; Lebanon, TN; Commerce, TX; Fort Worth, TX; Blacksburg, VA; Olympia, WA; College.

Basketball Scholarships are possible for players named to the All-Star Team. For an evaluation form call (704) 568-6801 anytime.

### Christmas Boat Parade

Pahokee Yacht Club's First Annual Christmas Boat Parade will be held on Saturday, Dec. 16 - weather permitting.

Club members will cast off from the Pahokee Marina at 5:30 p.m. in their decorated boats. Inquiries regarding weather conditions should be made by calling the Pahokee Marina office at 924-7832.

### Judging for best Christmas light decoration

Directors of the Pahokee Chamber of Commerce will be traveling by caravan on Monday night, Dec. 18, looking for the best and brightest Christmas decorations. Judging begins at 7 p.m. with the businesses, followed by the churches, homes, boats and campers.

Directors annually cover more than 35 miles. Anyone wishing to add their business or home to the judge's list should call the Chamber at 924-5579.

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### Lake Level

11.61 feet above sea level

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### Who to contact

NEWS ..... 561-966-4404  
snews@flsun.net

SPEAK OUT ..... 561-966-8636  
speakout@flsun.net

ADVERTISING ..... 561-966-4404  
thead@flsun.net

CLASSIFIED ..... 1-877-353-2424  
classified@flsun.net

DELIVERY ..... 1-800-292-8586

## A GATHERING OF WOMEN



Twenty-eight members of the District X Women's Club met at the Drawbridge Cafe on Saturday for the annual meeting. Club members from the Boca, Davie, West Palm Beach and Jupiter clubs were in attendance for a workshop and luncheon. Belle Glade Women's Club President Sandra Christie said the local club was pleased to be able to host the meeting in Belle Glade. Those attending received free produce from local growers and information about the Glades from the Belle Glade Chamber of Commerce.

## South Bay moves forward with nature, industrial park projects

By Tracy Whirls

With unemployment at one point reaching 50 percent after the closure of South Bay Growers, the city of South Bay is battling back, pinning its future on the development of its commercial park off US 27 and the development of tourist services catering to the 32,000 people who travel along US 27 every day.

According to South Bay City Manager Michael Jackson, a native of South Bay, the city's current economic plight started when South Bay Growers closed in 1994, causing 1300 South Bay residents to lose their jobs. A further blow was the decision by U.S. Sugar Corporation to close the Cornville facility in South Bay.

"Some of those folks were absorbed by U.S. Sugar, some were retrained and moved into

other areas locally. Some moved away or took positions on the coast. But locally there are still a lot of folks who are unemployed and need retraining," Mr. Jackson said. With the loss of jobs, many local businesses that catered to these residents also suffered.

Since 1994, the city has been working with Palm Beach County and other federal and state grant programs to revitalize the city, to provide employment for its residents and diversify the economy.

Part of the city's problem, Mr. Jackson said, was that it was built out—with residential and business properties in the existing city limits pressing against the Miami Canal and agricultural lands. Four years ago, Mr. Jackson said, the city annexed the "Bean City" area, US 27 north of the city, incorporating the area north of the ICR park for development. The

area south of the city, including the property where Wackenhut constructed their facility, is also included in the city limits.

"Wackenhut has been a very good neighbor, a good partner of the city," Mr. Jackson said. The revenues from city utility service to Wackenhut have allowed the city to stay afloat. If you will, after losing so much revenue when South Bay Growers closed, "in addition to direct revenue the city receives from the prison for providing water and sewer service to the facility, the city also receives funds from the state privatization council in payment in lieu of taxes."

The location of the facility in South Bay has also allowed the city to seek state grant moneys that have funded improvements in the city's water and waste water treatment plants. The city is currently working with the Department of Environmental

Protection and Palm Beach County Health Department to develop a plan to upgrade the facilities to eliminate trihalomethane from the city's drinking water.

After successfully luring Wackenhut to the city, South Bay has continued to work with county, state and federal agencies to upgrade its infrastructure and provide space for businesses seeking to relocate to the area. Central to this effort is the development of 173 acres north of the city that comprises the 96 acre commercial park, the 35.4 acre RV Park, and a 23.1 acre parcel that has been set aside for residential development.

"As that project goes, so goes the future of South Bay," Mr. Jackson said. "This parcel is going to dictate the future of the city. We have real reason to be excited about the future of South

Bay because a lot of the things we have planned over the years are finally becoming reality. This parcel provides the possibility of meaningful year long jobs for our residents, and with the development of the Lake Okechobee Scenic Trail, and the Crossroads Market (intended to serve tourists using the trail), South Bay residents will be able to show the uniqueness of the community and the lake area to others. "Once the development is in place, people who have been leaving South Bay will have the opportunity to take advantage of the economic opportunities. We want to encourage those who go off to college to come back and take advantage of those opportunities—that's always been our greatest loss in resources," Mr. Jackson said.

The first phase of the develop-

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## City gives okay for new private school site

By Brenda Bunting  
Editor

The old Days Inn on South Main Street will soon be converted to a small, private alternative school for students grades one through 12.

"Belle Glade Commissioners voted Monday night to allow the use expansion of the property after hearing there were no objections from residents in the area nor from city staff."

Aubin Robinson, attorney for West Palm Beach Motel Corporation, addressed the commission and said students will attend the school at 1075 South Main Street, on scholarships. He said staff will utilize the front portion of the buildings and the L-shaped back and upstairs sections of the old motel will be used for classrooms.

"The school will serve approximately 50 to 150 students. Mr. Robinson said renovations to the building will take 30-45 days and he is hopeful the school will open shortly thereafter."

In other business before the commission Monday night, commissioners:

■ Discussed obtaining the old Lakeshore Middle School media center building for use by the community.

Interim City Manager Dave Wood said the building was scheduled for demolition, but County Commissioner Tony Maslotti had asked if they they would be

interested in saving the building and utilizing it for various organizations. Mr. Maslotti said the county would commit \$85,000 to fix up the media center.

Mayor D. Bill Mathis said several organizations are interested in using the media center. The old gymnasium has also been given to the city by the county and may be used by the Glades Boys and Girls Club as well as the Police Athletic League.

"The media center would be an asset to the city if we could afford it," said Commissioner Steve Weeks, referring to the cost of operating and maintaining the building.

Commissioners voted to seek requests for proposals from agencies interested in having space in the media center. Agencies will have about a month to submit proposals.

■ Recognized three city residents who have contributed time and decorations to beautify the city's Christmas light display on South Main Street in front of the Belle Glade Municipal Library. Recognized with a certificate were Pastor Gary Fold with the First Baptist Church in Belle Glade, and residents Debi Stutsman and Olga Hayes.

■ Commissioner Donald Garrett requested an audit of all the city's incoming and outgoing monies. He said he would like the audit done before the new city manager, Tony Smith takes office in January. Mr. Wood said the

city's current auditor could do the audit, but it probably could not be done that quickly. Commissioner Garrett said as long as the process was started he would not be concerned if it took a while, but said

he would feel more comfortable with the new city manager if that person could start with a clean slate.

■ Approved 3-2 to fund food for a small Christmas party for the

"snowbirds" who rent at the Belle Glade Marina Campground and money for the annual Tri-City League event held each December

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## No! No! No!



Visions of Sugarplum were dancing in these children's heads as they watched Santa make his entrance at the 12th Annual Living Christmas Tree performance held Saturday and Sunday at the Dolly Hand Cultural Arts Center.

growing of other teeth. A large mouth-x-ray, called a panograph, may show a cystic or tumor-like growth around the wisdom teeth. Partially erupted wisdom teeth have been known to cause destruction of the roots of adjacent molars. Any of these reasons are valid for third molars to be removed.

What if you are 30+ years old and your wisdom teeth have not fully erupted and have not bothered you, do you need to have them removed? There has been some debate among dentists about this question. One school of thought feels that wisdom teeth should be extracted early, before the roots are fully formed in order to prevent future problems. The more conservative view (which is my approach) believes that third molars should be removed only



# SFWMD orders water cuts for ag and residential users

Declining water levels in west coast aquifers and in Lake Okechobee have forced the South Florida Water Management District to impose mandatory water restrictions on various agricultural and urban users.

The District issued emergency orders, effective Nov. 29, calling for:

■ Phase 3 agricultural restrictions on the water deliveries that growers receive directly from the lake.

■ Phase 2 for the entire low west coast service area (Lee, Collier, Glades and Hendry counties and southwest Charlotte County); and

■ Phase 1 restrictions for the towns surrounding Lake Okechobee and non-agricultural users in that area.

The agricultural order imposes rationing for the water-use basins of the Everglades Agricultural Area, the lakeshore perimeter, Indian Prairie (northwest of the lake), and the Caloosahatchee and St. Lucie rivers. The agricultural reductions in water use will range

from 25 percent to 50 percent, depending on rainfall and demand, which the District will calculate weekly.

"Placing these agricultural users and others around Lake Okechobee on such serious rationing should alert residents of the urban lower east coast, now under a warning for voluntary conservation, that future mandatory restrictions are likely," said Frank R. Finch, P.E., District executive director. "We still have healthy water levels in the east coast aquifers and Everglades conservation areas. But the level in the state — the primary water source for these growers and surrounding towns — is low enough that we are concerned about its capacity to serve as the lower east coast's backup water supply later in the dry season."

Mr. Finch added, "Southwest Florida needs these immediate mandatory restrictions now to prevent saltwater intrusion into that region's freshwater supply and to reduce declining record low groundwater levels. We expect that residents of the lower west coast will respond to this

call to conserve, as they always have, to protect their water supply."

Lake Okechobee's level has continued to decline significantly throughout the fall. The lake did not receive major recharge from the isolated heavy rains that pummeled South Florida's coastal areas in October. The District anticipates that, based on current long-term rainfall predictions and expected water use through May 2001, the lake will not have sufficient water to meet all the demands of its primary users — farmers and towns that draw directly from the lake — or to serve as a backup supply for the urban lower east coast.

Last Wednesday's lake level was 11.62 feet, about 3.25 feet below average for this time of year, and it continues to drop daily. For this reason, the District has begun building temporary pumps to deliver approximately 10,500 gallons per second (or 1,400 cubic feet per second) of water to the adjacent growers and urban residents as

well as those farther downstream. These pumps will allow the District to potentially deliver water when Lake Okechobee drops below 10 feet, the level at which the District no longer can effectively deliver water by gravity to those users south of the lake.

■ Phase 3 agricultural restrictions — The District will calculate the agricultural water rationing from Lake Okechobee weekly and base it on the amount of water available during the period of use (November to June), plus predicted rainfall, evaporation, and water needs for the dry season and other high-demand periods. The District will set the total agricultural water ration available to each user in the affected Lake Okechobee basins so as to minimize possible economic loss and equitably provide for the water-supply demands of those areas.

■ Phase 2 restrictions — Lawn watering permitted only on Wednesdays and Saturdays from 4 a.m. to 6 a.m. for addresses

that end in an odd number; Thursdays and Sundays, 4-8 a.m. for even-number addresses. This and other conservation measures will produce a 30 percent cut in water use.

■ Phase 1 restrictions — Lawn watering permitted only on Mondays, Wednesdays and Saturdays from 4 a.m. to 8 a.m. for addresses that end in an odd number; Tuesdays, Thursdays

and Sundays, 4 through 8 a.m. for even-number addresses. This and other conservation measures will produce a 15 percent reduction in water use.

More detailed information about water-use restrictions is available on the District's web site at [www.sfwmd.gov](http://www.sfwmd.gov). Maps of the affected areas are also on the web site under "water shortage."

## City

Continued From Page 1 at the marina.

Commissioners Garrett and Steve Wilson objected to the expenditure for the snowbirds, saying that money could be better used to benefit the needy residents of Belle Glade. After the motion passed, Commissioner Wilson asked Mr. Wood to find money in the city's budget to help Belle Glade residents by providing more after-holiday clean up of trash and Christmas wrapping. "This way, we can at least give back to our citizens by doing this," said Commissioner Wilson.

■ Under announcements, City Clerk Debra Buff said the city has scheduled a workshop relative to proposed changes to Code Enforcement Ordinances and Procedures. The meeting is scheduled for Dec. 18 at 5:30 p.m. at City Hall.

The regular commission meetings scheduled for Jan. 1, 2001 and January 15, 2001 were rescheduled for Jan. 3 and Jan. 16, respectively.

A workshop meeting relative to funding priorities was scheduled for Jan. 16 at 5:30 p.m. at City Hall.

## New SFWMD pump station opens

South Florida Water Management District officials dedicated a new record sized pump station in stormwater treatment Area 1 in Palm Beach County on Tuesday. Pump station G-310 and its companion G-335 have the world's largest "formed suction inlet pumps." Each station has a total pumping capacity of 3,040 cubic feet of water per second or nearly 2 billion gallons per day.

The pump stations are part of the larger Everglades Construction Project. The ECP called for construction of 47,000 acres of constructed wetlands, which includes a network of canals, levees and pump stations. The ECP mandated by the 1994 state Everglades Forever Act, aims to reduce nutrients in stormwater runoff from the Everglades Agricultural Area through these filter marshes known as stormwater treatment areas.

## Family needs AC before infant can come home

By Tracy Whirls

After weathering heart transplant surgery Oct. 25, 19-month old Danielle Hixson is ready to come home from Jackson Memorial Hospital in Miami.

The problem is, doctors won't release the child to come home until the family's air conditioner is repaired or replaced.

According to Guardian Ad Litem Case Coordinator Julia Wilkinson, in addition to her other medical problems, the little girl suffers from asthma, and the doctors have prescribed air conditioning to combat the potential adverse effects of breathing poorly ventilated air, particularly during the heat harvesting season. The central air conditioning unit in her family's home has broken down, and needed repairs are estimated to cost \$2,000. Her mother, Edna, works as a secretary in the Palm Beach

County Guardian Ad Litem Office in Belle Glade, and her father, Donell, is employed by Oceola Farms. Both parents had to take leaves of absence from their jobs while their youngest daughter has been recuperating.

The Guardian Ad Litem Office is accepting donations to assist the family with the cost of air conditioning repairs and living expenses during their ordeal. Donations may be mailed to the Danielle Hixson Benefit Fund, Attn.: Julia Wilkinson, Guardian Ad Litem, 2976 State Road 15, Belle Glade, Fla. 33430 or may be made directly at any Fidelity Federal Bank location.

Danielle and her parents hope to spend Christmas at home in Pahokee with her older brother and sister, both students at Canal Point Elementary.

For more information as to how you can help make that possible, contact Julia Wilkinson at 996-4894.

## JESUS PALACIO, M.D., P.A.

1199 S. Main Street, Suite 2 • Belle Glade  
(561) 998-6571, ext. 300 • (561) 998-4357

As of December 31, 2000, the office of Dr. Jesus Palacio will close.

During the month of December, we will still be of service to you, but please make proper arrangements to select a new primary physician for the new year. After the office is closed, you will still have access to your medical records through the Medical Records Department at Glades General Hospital.

Please accept our apology for any inconvenience this may cause you and your family. We would like to say that it has been a great pleasure to serve you.

If we can assist you in finding another primary physician, please call or stop by our office.

**Each year, The Sun publishes "Letters to Santa" from local third graders. We are able to do this only through the support of our local advertisers. As the year 2000 has been a lean one for many businesses in the area, we are offering very special, very low rates to run ads in the "Letters to Santa" section that will be published on December 21st. Wish your friends, neighbors and customers a Merry Christmas, and help enable The Sun to continue running "Letters to Santa" every year. The letters are always fun to read, and provide keepsakes for the participating children. The sales deadline is Friday, December 15. For more information, please contact Brenda or Yvonne at 561-996-4404.**



## GLADES FUNERAL CHAPEL

presents our Second Annual...

# Evening of Remembrance

...The holidays are a difficult time for many people who have lost a loved one. We invite you, your family and friends to attend a special, uplifting Evening of Remembrance honoring those who are deceased and supporting those who are living. A program of inspirational music and song will be presented followed by a Memory Roll Call in honor of our loved ones.

**Saturday, December 9, 2000 at 5:00 PM**

**THE COMMUNITY IS INVITED TO PARTICIPATE.**

**Light buffet will be served. RSVP at 996-6122**

**and to register for a Memory Dove**

**Glades Funeral Chapel**  
1040 North Main Street  
Belle Glade, Florida  
(561) 996-6122



## ENTERTAINMENT

Carol Schmidt  
Sean Campbell & Friends,



...The Floridians, and



...Strings of Praise!

## 200 Palm Beach County children looking for 'forever home'

By Jose Jesus Zaragoza

There are almost 200 children in Palm Beach County who are available for adoption, ranging in age from 10 months to 12 years, and from ethnic and cultural backgrounds. Though they are different from one another, they all share the same wish — to be placed in loving, permanent "forever home."

While the Florida Department of Children and Families has designated November as Adoption Month for the last 12 years, DCF officials urge people to remember these children, particularly as the holidays are upon us.

"I think it is important to bring community awareness all year long," said Laura Botting, Public Information Director for the Florida Department of Children and Families. "There are children right here in Palm Beach County that are waiting to be adopted. They just want to have a family to love, their 'forever family.' That's their wish."

Past trends in adoption have changed. While there is now a decrease in the number of infants available for adoption, there has been an increase in the number of children who are placed in adoption agencies due to abuse, neglect, or abandonment.

The Department of Children and Families offers literature to educate the public concerning adoption, and explores many misconceptions people may have concerning adoption.

### Who qualifies to adopt a child?

Many people think because they are single or do not make substantial amounts of money, they are not qualified to adopt a child in the State of Florida. The living conditions are considered, but no emphasis is placed on financial or marital status. You are also able to adopt a child even if you have children. You do not need to own a home or be financially secure; the only requirement is that your financial situation be stable and adequate for your needs and the needs of the child. The atmosphere in the home is important.

Families who have two working parents may also adopt a child if they arrange suitable child care for the child when they are at work.

Some think adopting a child is an expensive ordeal. Adopting a child includes minimal costs. These costs are often times reimbursed through a federal subsidy if the child fits the criteria for special needs. Many of the children waiting for adoption are eligible for adoption subsidy.

Got the sniffles? There's good news and bad news from recent scientific research studies. The bad news is that some popular over-the-counter cold remedies may be downright dangerous to your health.

The good news is Grandma was right — chicken soup is good for you.

According to articles published online at [www.healthcentral.com](http://www.healthcentral.com), a phenylpropanolamine (PPA), a common nonprescription decongestant can cause strokes. PPA is also found in the over-the-counter diet aides as an appetite suppressant.

While this may come as a shock to the public, researchers have suspected as much for years. A study published in *Lancet* in 1980 cited tests done on healthy medical students. The test results showed that in one-third of the test subjects, PPA caused blood pressure to shoot up. Blood pressure going up quickly increases the risk of stroke.

In 1990, the American Heart Association published a PPA study which documented more than 100 cases in which

assistance or financial assistance for medical costs. The Florida Department of Children and Families does not charge for adoption services.

The strengths of the adoptive family is considered to ensure that they will be able to meet the needs of the child or children.

### The adoption process

Prospective parents must attend the "Model Approach to Partnerships in Parenting" (MAPPP) training after which they will complete a home study. This study will address the family's strengths and needs for the purpose of matching them with those of a waiting child.

Some of the children awaiting adoption are "special children." Special children include those eight years old or older, siblings who need to grow up together, children from ethnic minority backgrounds, or children with disabilities. Some have medically complex needs or physical handicaps which affect their activities.

Other children have emotional problems that influence their behavior. Once a family is approved, children are presented for consideration. The family does not have to accept any child presented to them. The idea is that adoption is a lifelong relationship that requires a great deal of thought, prudent consideration and commitment.

After deciding upon a child the family believes will fit into their environment, visits are arranged. After a period of visitation, a child can then be formally placed into the home if everyone is agreeable.

There will be a minimum of 90 days of supervision after which your attorney may file a petition to adopt. You will attend a brief hearing before a judge who makes sure all requirements have been met before signing a final order of adoption. You will officially be a family.

### One church, one child

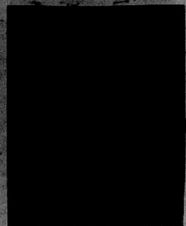
The State of Florida has also implemented special programs like "One Church, One Child" to find homes for adoptive children.

The One Church, One Child program was implemented in March 1988 to work with African American churches to locate a family for a waiting child in need of a permanent home. Florida is the first state in the nation to pass such legislation.

The program proposes if children continue to be raised by the state, they may not receive the same moral values and cultural background which has been the cornerstone of the African American family. The objectives of this program are to familiarize congregations with the child



Deanna, 22 months old, now has a loving home thanks to the Florida Department of Children and Families.



Edrut, 12 yrs, has been helped by programs set by Florida law regarding adoption.

waiting to be adopted; to identify families in each church who are willing to adopt; to educate the community about the need for adoptive homes and about current adoption procedures; to provide support services to adopting families and children through training, communications and location of resources; to decrease the amount of time children are in foster care waiting to be permanently placed with families to call their own.

The One Church, One Child of Florida program operates in conjunction with the Florida Department of Health and Rehabilitative Services. Adoption means taking a child into your home, your family, your life, as a permanent family member," said a spokeswoman for the Florida Department of Children and Families. "It means that the relationship of parent and child is established by law with all the legal rights of that relationship. Most importantly it means caring for and guiding children through their growing years, giving them the love and understanding they need to develop their full potential as a person."

If you are interested in learning more about the Adoption Program, please call the Foster Care/Adoptions Recruitment and Licensing Unit, in Palm Beach County, the number is (407) 616-1427. From elsewhere, the number is 1-800-37-ADOPT.



"MY ROOM IS NOT A MESS, MOM! I CAN'T YOU SEE THERE'S A NEAT PATTERN TO EACH UNORGANIZED CLUMP."

## Got a cold? Here's good news and bad news

### Healthy Living

with Katrina Elsen

PVA caused bad reactions including strokes, seizures and even deaths.

A study recently concluded at Yale University found PPA increases the risk of stroke in adults. Young women appear to be most at risk, especially if they are taking the drug as a diet aide.

According to HealthCentral.com, an expert panel advising the Food and Drug Administration voted last month that PPA should no longer be considered safe for over-the-counter use.

Researchers found that the over-the-counter remedies are expected to put up a fight, so

there is no way to determine just when a ban could go into effect.

What do you do? Read the labels. Ask your doctor which cold remedies are safe for you. This is especially important if you are already at risk for stroke due to other health problems.

And remember: there's always chicken soup.

For decades grandmothers have been urging cold sufferers to try a little soup.

Now there is scientific evidence that shows Grandma was right.

Nebraska Researcher, Dr. Stephen Rennard, found that chicken soup slows down the cells that trigger inflammation in the lungs and airways.

Other researchers found that cysteine, an amino acid that comes from chicken, has some of the same properties as acetylcysteine, a drug used to combat bronchitis. Capsaicin, which is present in the spices used in chicken soup, helps clear congestion. Garlic and onions contain natural substances which help kill bacteria and reduce lung inflammation.

On top of all that, chicken soup tastes good, is low in fat

and has lots of good nutrition.

The peoplespharmacy.com offers the following recipe for chicken soup: "Chicken soup is a time-honored treatment for colds the world over. The trick to making good chicken soup is using enough chicken. Get a big steaming hen (if you can) and throw in extra backs and wings."

"Put in enough water to cover the chicken, plus another two inches. Add onions, carrots, celery, parsnips, bay leaf, peppercorns and salt to taste. A head of garlic (or at least four full cloves of garlic) will enhance the soup's cold-fighting power."

"Once the soup has simmered for several hours, let it cool and strain out the chicken and vegetables. You can cut up the meat and add it back, with noodles, rice, pasta or other embellishments, or you can savor the broth as it is. Refrigerating makes it easy to remove the fat."

Remember, check with your doctor before making any changes to your diet or exercise plan. This is especially important if you are on prescription medications. Some drugs interact badly with food that would otherwise be considered healthy.

## Adding variety to an exercise routine helps increase adherence

By Kristin Harmel

UF News

Researchers now have scientific proof that variety is the spice of life — at least in the workout room.

Adding some variation to your exercise routine may be the best way to make you stick with it, according to a University of

enjoyment that leads to greater adherence."

Graduate student, Nicole Glaros also worked on the study for her thesis.

Presented in August at the annual meeting of the American Psychological Association and accepted for publication in the *Journal of Sport Behavior*, the study divided 114 men and women into three groups: one where the type of exercise varied between workouts, another where the intensity varied, and a third where the same exercise was performed the same way each workout and a third with no set schedule or regulations.

By the end of the study, 52 participants had dropped out and one had been disqualified, leaving 24 people in the first group, 22 in the second group and 15 in the third group.

There were significantly fewer individuals in the variable group that dropped out," Dr. Janelle said. "We also learned from their answers that they enjoyed it significantly more."

The participants in the first two groups were asked to exercise three times a week for eight weeks and given specific exercise guidelines. The participants in the third group were given no instructions

about varying their exercise routine; they could do whatever exercises they wanted at each workout session. After each session, participants were asked to fill out cards recording the types of exercise they did, the duration of their exercise sessions, their heart rates and their enjoyment levels.

Participants in the first group enjoyed their workout sessions 20 percent more than the members of the second group and 45 percent more than the members of the third group. Among participants who stuck with the study

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Speak out in our free 24-hour opinion line. Call 996-6636 to express your opinion or ask a question about public issues. You are not required to give your name. While we want you to speak freely, the newspaper reserves the right to edit calls for clarity, brevity, relevance and fairness.

### Regarding police officer

"Hi, I'm a citizen from South Bay. I'm calling in reference to the motorcycle cop in South Bay. It's good to have a cop out there doing something good for the town, but he really needs to focus on bigger crimes that are happening in South Bay, not the minor ones. I've been living here all my life. I've had two cars with the same tint and I've never been stopped for the darkness of my tint before. He hasn't been here two months, and he's stopped me for the darkness of my tint. He's also given my sister a ticket for this and she had never received a ticket. That's fine if she would have been speeding, but I really do feel he needs to focus on bigger crimes. Last week, you put in The Sun that he was this and that. It's kind of ridiculous that he can sit there and write 44 tickets, 1 bet half of them weren't even for speeding. He needs to stop focusing on the petty crimes."

### Palm Beach Sheriff's Office response to Speak Out

"I'd like to answer the citizen who spoke in reference to the Palm Beach County Sheriff's cars in Hendry County. As a member of the Sheriff's Office, and a participant in the Take Home Car program, \$40 dollars a month are deducted every month from our paychecks to cover off-duty driving. This more than pays for the cost of use from Cleveland into Palm Beach County which exactly the same. The taxpayers are not paying for this gas, it comes out of our own pockets. We're not harassing people driving down the road. Traffic enforcement is a matter of safety. We've had too many fatalities and far too many wrecks on U.S. Highway 27."

### Objective letter flyers

"I'm a student at Pahokee Senior/Middle High School. I'm responding to a Speak Out about students at Pahokee High School passing out religious flyers entitled "Letter from Satan." I find this very disheartening that teachers would allow students to pass out these papers that offend other students."

I recall a situation from last year where a student brought a Marilyn Manson book to school. The book is supposedly anti-Christian. School administrators caught the student reading the book and reprimanded her. Students are now able to pass out these leaflets about Satan. I find it very very disheartening that people could pass out something like that and not have any repercussions."

Editor's note: This Speak Out was edited to removed individual's names.

### World filling apart

"The Bible is fulfilling. When we took Jesus out of schools and out of our lives the world has been falling apart ever since. Now, man is playing God. He said that man was going to betray the world. How can we help other countries while we're fighting with ourselves?"

I am sure they won't have respect for us. Now we are in a big mess. Mr. Bush is acting like a spoiled child. If he can't have things his way, he sits and cries like a wimp or a baby crying for candy."

God said he was over the world and not man. I'm glad he is a respectable person."

### Thanks to Belle Glade PD

"I'd like to thank you for Chief Miller and the Belle Glade Police Department."

I had some items stolen from my residence and within three days my items had been located.

Belle Glade Police Department's response to this situation is far above what I consider to be average and I am proud and pleased with the law enforcement operation in my city."

## The Sun

417 NW 16th Street, Suite 6, Belle Glade, FL 33430

Brenda Bunting ..... Editor & General Manager  
Yvonne Jones ..... Ad Services Consultant  
Tracy Whirls ..... Associate Editor  
Terry Reed ..... Circulation Manager

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### A pledge to our readers

- To operate this newspaper as a public trust.
- To help our community become a better place to live and work through our dedication to conscientious journalism.
- To provide the information citizens need to make their own intelligent decisions about public issues.
- To report the news with honesty, accuracy, purposeful neutrality, fairness, objectivity, fearlessness and compassion.
- To use our opinion pages to facilitate community debate, not to promote our own opinions.
- To disclose our own conflicts of interest or potential conflicts to our readers.
- To correct our errors and to give each correction the prominence it deserves.
- To provide a right to reply to those who write about.
- To treat people with courtesy, respect and compassion.

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# Arrest Blotter

## Pahokee

The Pahokee Police Department handled 209 calls, issued 17 traffic citations and made 10 arrests the week of Nov. 27 - Dec. 3. Those arrested included:

Nov. 27 - No arrests

Nov. 28 - No arrests

Nov. 29 - Chester Relfore, 53, simple battery

Nov. 30 - James Fryar, 27, battery on a law enforcement officer, resisting arrest without violence, obstructing and opposing; Robert Watts, 24, warrant

Dec. 1 - No arrests

Dec. 2 - Roy Cundick, 44, disorderly intoxication

Dec. 3 - Erman Morales, 26, uttering a forged instrument

Ernesto Ortiz, 43, domestic battery; Joseph Holmes, 42, burglary to a dwelling; Terah Bradford, 40, warrant; Juvenile, 17, uttering a forged; Felipe Garcia, 43, domestic battery

## Belle Glade

The Belle Glade Police Department handled 863 calls, issued 43 traffic citations and made 28 arrests the week of Nov. 27 - Dec. 3. Those arrested included:

Nov. 27 - Jeffrey Williams, 38, loitering and prowling; Charles Grey, 28, loitering and prowling; William McGorin, 38, failure to appear possession of narcotic paraphernalia, failure to appear contempt of court

Nov. 28 - Willie Britt, 54, simple battery; Dermaine Odion, 25, loitering and prowling; Aubur Williams, 61, two counts of trespass after warning; John Johnson, 35, petit theft; Desmond Matthews, 37, possession of marijuana under 20 grams

Nov. 29 - Charles Thomas, 57,

failure to appear unauthorized person to drive, failure to appear seatbelt violation; Santonia Minna, 18, robbery

Nov. 30 - Barry Peterson, 52, stalking; Jareal Hester, 31, two counts of trespass after warning; Ruby Harris, 20, criminal mischief

Dec. 1 - Jerome Saly, 38, trespassing; Ralph Williams, 69, trespassing with possession of paraphernalia; Clayborn Davis, 54, trespassing; Juvenile, 11, battery; Ivan Wallace, 29, grand theft; Shum Anderson, 20, robbery (grand theft); lesser charge; Charles Grey, 28, grand theft; Ernest Brown, 38, battery law enforcement officer, trespassing after warning, battery law enforcement officer; Ruby Harris, 20, throwing a deadly missile in an occupied building

Dec. 2 - Jareal Hester, 32, loitering and prowling; Delma McCumley, 21, failure to appear traffic; Eddie Polk, 40, domestic battery; Roosevelt Johnson, 19, aggravated battery

Dec. 3 - Willie Juery, 40, robbery with a deadly weapon, battery on a law enforcement officer, petit theft, criminal mischief; Juvenile, 16, retail theft; Juvenile, 15, retail theft; Juvenile, 16, opposing and obstructing

## Palm Beach County Sheriff's Office

The Palm Beach County Sheriff's Office made 17 arrests in the two weeks from Nov. 22-Dec. 5. Those arrested included:

Nov. 22 - Curtis Lee Thornton, Jr., 33, Belle Glade, failure to appear battery and obstruction; Chris Rodriguez, 50, Belle Glade, violation of probation aggravated battery; Jose Zaragoza, 20, Belle

## Glade, domestic battery

Nov. 23 - No arrests

Nov. 24 - Joseph Chery, 34, no address given, failure to appear driving while license suspended; Stephen Thomas, 35, domestic simple battery; Tequesta Harris, 22, Belle Glade, uttering forged

Nov. 25 - Ivan Mesa, no age given, Belle Glade, aggravated stalking

Nov. 26 - No arrests

Nov. 27 - Edward C. Jones, 26, Belle Glade, violation of probation driving while license suspended; Lloyd Cunningham, 43, Pahokee, warrant failure to comply fine domestic battery, contempt of court battery

Nov. 28 - Terrance L. Johnson, no age given, Pahokee, violation of probation grand theft

Nov. 29 - Daryl June Johnson, 34, Belle Glade, warrant; Derrick E. Lewis, 30, Pahokee, possession of marijuana

Nov. 30 - Barrett L. Hopson, 41, Pahokee, burglary of a structure, failure to comply contempt of court

Dec. 1 - Quinn Bryant, 42, Pahokee, two counts aggravated assault domestic, domestic battery and resisting with violence

Dec. 2 - Thar Jones, 28, Belle Glade, violation of probation possession of cocaine; Oscar Rodriguez, 29, Belle Glade, warrant

Dec. 3 - James A. Mays, 38, Belle Glade, grand theft auto, felony driving while license suspended

Dec. 4 - No arrests

Dec. 5 - Dennis Lee Bailey, 29, Belle Glade, failure to appear violation of driver license restriction; Adam Martinez, 19, Belle Glade, trespass; Shannona Johnson, 21, Belle Glade, trespass

## 2001 Chamber Of Commerce Community Guide

The Belle Glade Chamber of Commerce, in conjunction with The Sun, is planning to produce a new Chamber Community Guide for 2001.

The Sun newspaper will insert 2,000 Guides in the newspaper in January, and the Chamber of Commerce will have 3,000 booklets to give out with promotional materials to potential and existing residents.

The ad prices are as follows:

Full Page: \$225

Half Page: \$125

Quarter Page: \$75

Spot color is an additional \$50.

Call Brenda or Yvonne

at 561-996-4404

to reserve your space in this keepsake edition.

The deadline is December 15, 2000.

## Youth injured after fall from ice cream truck

By Tracy Whirls

A 12-year-old Belle Glade boy received a broken leg when he was run over by an ice cream truck on which he was improperly hitching a ride.

According to a report filed by the Palm Beach County Sheriff's Office, Armando Renteria, 12, of Belle Glade, was transported to Glades General Hospital, then transferred to the ICU unit at St. Mary's Hospital following the Nov.

22 accident.

Witnesses told sheriff's deputies that while they were traveling behind the ice cream van on Everglades Place, they saw two boys run up to the van, grab the side of the van and hold on while the van continued toward Everglades Street. When the van stopped at the intersection, more boys jumped on. The witnesses said as the truck turned left onto Everglades Street it accelerated, throwing the boys to the asphalt, allowing the truck's rear tire to

roll over his leg.

The driver of the ice cream truck, identified as Miguel A. Garcia-Correa, 21, told deputies he did not know the boys were clinging to the van and did not know anyone had been injured. The driver did tell deputies he has had repeated problems with juveniles hitchhiking rides on his van as he travels through the development, and has yelled at the boys, in English and Spanish, but they have refused to heed his warnings.

# SANTA HAS COME EARLY!

Find just what you need to make this Christmas merry at Maroone of Belle Glade!

From now until December 31st, each new or used vehicle purchase includes a special gift from Santa!

A \$300 4 Wheel Carabiner Bag!

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For every new vehicle purchase through December 31, Maroone of Belle Glade will make a donation, to be matched by General Motors, to the Make A Wish Foundation!

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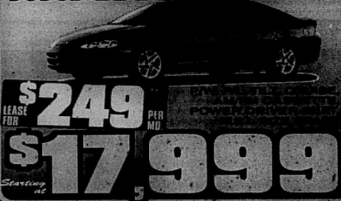
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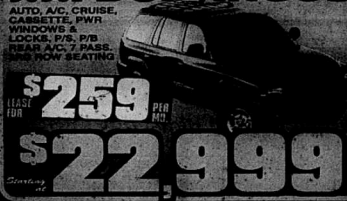
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# "ADOPT A GRANDPARENT" EVENT



Belle Glade Elementary Boys and Girls Club Health Club hosted an "Adopt-A-Grandparent event at their school recently. Grandparents participating in the event included Vira Jackson, Mr. Adams, Christine Ruland, Theo Canty, Rose Pigli, Sallie Rushin, Miguel Andugar, and Cherril Rickards. Students participating in the program included Joykeria Pittman, Ricarda Adams, Susan Dominguez, Michelle Tyler, Uziel Collins, Sharice Johnson, Anthony Holt, Charissa Butler, Dilbert Clark, Josie Morin and Darnisha Coombs.

## Royal City comes to Miracle Temple December 9

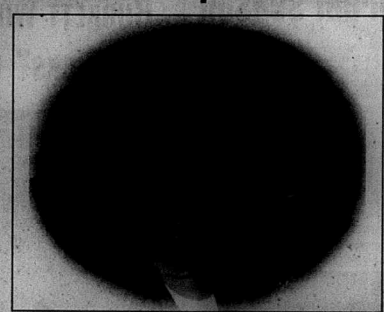
Royal City, one of Central Florida's Southern Gospel trios, will appear at Miracle Temple, 104 S.W. 16th Street (SR 715), Belle Glade, Saturday Dec. 9 at 7 p.m.

Royal City, a mixed trio from Auburndale, has been performing for about three years. The group is comprised of lead singer and tenor Wade Shirah, his wife, Cindy and lead and baritone Sam Orsita.

A native of Auburndale, Mr. Shirah had performed in various groups for eight years before forming Royal City. Mrs. Shirah, who "sings whatever is left over from the guys," has been performing in church choirs in her native upstate New York since she was 11 years old. The couple have six children.

The group's newest member, Mr. Orsita, who joined the group in September, resides in Hudson.

Royal City's style is mostly Southern Gospel. The group's desire is not to entertain or



impress but to minister to those who hear them.

Miracle Temple Pastor Alvin Nichols encourages everyone to come and bring a friend!

## Exercise

Continued From Page 4

through all eight weeks, the members of the first group were 15 percent more likely than the second group and 63 percent more likely than the third group to adhere to exercise on a regular basis.

"Variety and structure contributed to the adherence of the first group," Dr. Janelle said. "The group that had the variable exercise program and the group that had to pick one exercise but stick to a schedule adhered better than the first group due to the structured nature of the exercise prescription. Variety seemed to increase enjoyment in the first group, which helped them stick with the exercise program."

The UP study confirms what many already believed, said Christine Spain, director of research, planning and special projects for the President's Council on Physical Fitness and Sports.

"One of the main reasons people stop exercising is that they get bored," Ms. Spain said. "Variety is

good for other reasons, too. You should do cardiorespiratory exercises one day then strength training and flexibility the next and alternate days.

The findings also point to a relatively easy way for exercise beginners to start and stick with a workout routine, Dr. Janelle said.

"If you work out at home, you can go for a run one day, do aerobics in the house another day and do something else the third day," Dr. Janelle said. "You can even try to vary who you work out with or whether or not you work out alone. And if you choose to go to a gym, there's so much to do that you can pick whatever you want that day."

However, if you've made the effort to vary your routine and find yourself leaning toward just one exercise, go with what makes you the happiest, Dr. Janelle said.

"Stick with it if you find something you really like," he said. "In fact, you can usually vary things within that particular exercise to keep it interesting. For example, if you like aerobics, you could do step aerobics one day and another kind of aerobics at your next workout."

## Forty-six Glades area students named to Who's Who

A total of 46 students from the Glades are included in the 34th Annual Edition of Who's Who Among American High School Students, 1999-2000.

Who's Who, published by Educational Communications, Inc., Lake Forest, Ill., is the largest recognition program and publication in the nation honoring high-achieving high school students. Students are nominated by high school principals and guidance counselors, national youth groups, churches and educational organizations based upon the students' academic achievement and involvement in extracurricular activities. Traditionally, 99 percent of Who's Who students have a grade point average of "B" or better and 97 percent are college bound.

The 34th Annual Edition of Who's Who Among American High School Students, 1999-2000,

published in 18 regional volumes, features over 750,000 students or just 5 percent of the nation's 14,000,000 high school students. They represent approximately 20,000 of the 24,000 public, private and parochial high schools in the country.

Who's Who students also compete for \$200,000 in scholarship awards and participate in the publication's Annual Survey of High Achievers, an annual opinion poll of teen attitudes. The book is distributed on a complimentary basis to up to 15,000 high schools, colleges, universities and public libraries throughout the country. To learn more about Who's Who Among American High School Students, visit [www.honoring.com](http://www.honoring.com).

Local students selected include: Hela Barhoush, Tamerra Botes, Hope Christler, Felicia Duce, Chazzie Henderson,

Motro Konchellah, Linda Louis, Yolanda McCallum, Justin Meeks, Melissa Molina, Denise Penuel, Anna Lila Reyes, Richard Simmons, Walter Tucker, Quenila Walker, Neoshia Woodson, Christy Benjamin, Natalia Cardenas, Crystal Donkey, Johnathan Finney, Shayna Knowles, Brittany Langerwaller, Nisha Madhav, Brandon McMillan, Brian Mincey, Emilb Nodari, Francis Pope, Heather Rice, Mona St. Hilaire, Taniel Villacres, and Eric Wingate, all of Belle Glade; Marlisha Aho, Evelyn Barr, Kristin Hattton, Antwan Kimpes, Shantora Smith, Patricia Baltzar, Shojuna Durham, Alisha Jennings, Henry Rivera, and Johnathan Wallace, all of Padokke; Pauline Dove, Lucricia Jackson, Shanique Scott, Carlotta Hessing, and Stephen Messam, all of South Bay.

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# Sports

## Glades Central Raiders host Seffner-Armwood in state semi-final

By Jose Jesus Zaragoza

Less than 10 seconds were left in the game. Number 2 state-ranked Rockledge's play was up. The score was 20-17, in favor of the Raiders.

Not since win number three against New Smyrna Beach had the Raiders been so close to losing as this bout with Rockledge. One successful kick could tie up the scores and force overtime. The ball is snapped...a little too high. Rockledge's kicker

attempts to gain concentration and kicks. He had scored a 24-yard field goal just minutes earlier to move Rockledge within reach of the win; this was only one yard farther out. Every player and spectator freezes in anticipation of what would result. The kick goes wide left and Raider fans let out a loud cheer. The Raiders move on.

Glades Central moves on to the state semifinals with the defeat of Rockledge in one of the closest games played since the

start of the game-winning streak (Glades Central managed a slim win against New Smyrna with only a three-point difference). With the win, the Raiders made it to their fourth consecutive state regional semifinals appearance and, in the process, extended their streak to 33 games won in a row.

Key plays and maneuverability allowed the Raiders to defeat Rockledge. Junior receiver Joseph Chapple scored the first touchdown of the night. He caught Michael Brown's 17-

yard pass and helped the team get on the scoreboard as soon as the first quarter. Rockledge would remain scoreless.

The Raiders faced offensive punishment early in the second quarter as Rockledge scored two touchdowns, including a 72-yard touchdown pass. Glades Central launched an offensive retaliation and quickly scored a touchdown. Receiver Antonio Holmes caught a 12-yard pass from Curtis Holley.

Senior D'Juan Brown scored with a 65-yard punt return securing the necessary points needed to win the game. It was now a matter of waiting what would happen.

The last play of the game was a field goal attempt that was cast a little to the left, just enough to end Rockledge's failed attempt to capture the victory.

Running back Michael Brown led the Raiders in rushing. He traveled 101 yards on

12 carries. Quarterback Curtis Holley helped rack one touchdown for the Raiders and completed 8 of 14 passes for 134 total yards. Antonio Hill ran 89 yards from 4 catches.

The Glades Central Raiders will now move on to face Seffner-Armwood tomorrow night. The Raiders will play hosts. Kick off is at 7:30 p.m. at "The Home of the Raiders" Effigy, C. Crear field. As with any Raider game, expect a good one.

## Glades Day Gators say good-bye to a great season

By Jose Jesus Zaragoza

The Glades Day Gators ended a great season after a hard-fought competition against visiting Fort Meade Miners. The Gators were playing their best, but ultimately lost 21-35 after the Miners' offense broke through their defense.

Sophomore receiver Brannan Thomas led the Gators in rushing with 45 yards from 14 carries. Receiver Nick Sanchez earned 19 yards from seven passes. Kyle McNamara completed 15 of 30 passes for 232 yards.

Micha Thomas caught a 45-yard pass from McNamara in the second quarter to score the Gators' first touchdown.

McNamara showed he could work the entire field and ran three yards in the end zone to temporarily lead the game 14-7 in the second quarter. The lead would not exist at the beginning of the third quarter as the Miners quickly countered the Gators' attack and scored.

Glades Day came out in the fourth to try to regain the lead. Micha Thomas and McNamara once again teamed up to score. The Miners were leading 28-14 when Micha caught an 8-yard pass from his quarterback and ran it into the end zone. The

touchdown would prove too little, too late as the Gators watched Fort Meade score right after their own touchdown.

After starting what would later be considered a mediocre season, the Gators developed as a team and demonstrated they were a force in football. The team really shined in the playoffs as they pulled off unexpected victories and did so in a very convincing manner, always outscoring the rival team by a large margin of points.

Team members Brannan and

Micha Thomas, Kyle McNamara, Eric Molares and Nick Sanchez contributed to the team's great success. Brannan and Micha would run the field as Kyle would eye his next target and follow it with the proficiency of an expert marksman.

The team is looking forward to a great season next year as they are only losing a few players who are graduating seniors this year. This marks the end of a very surprising and enjoyable season for the Gators and the Gator fans.



Players from the Glades Day School football team march back into the field to counter Fort Meade's arsenal. The Gators just narrowly missed moving on in the playoffs.

Richard Hodges takes a break from the game during the third quarter to study his teammates. He quickly got up and entered the game again.

## Hunted deer make up for losses of bucks, UF research shows

By Aaron Hoover

As fall hunting season opens in Florida and other states, a University of Florida professor says America's native white-tailed deer have some unique ways to compensate for hunting.

Hunters most often pursue bucks, both for trophy value and because shooting does in many states is illegal or highly restricted. That might seem to threaten deer populations because it cuts into the number of males available to mate. But Ron Labisky, professor of wildlife ecology and conservation with UF's Institute of Food and Agricultural Sciences, says his research shows that deer make up for the loss of bucks with a unique response: Does in areas where hunting is allowed give birth to considerably more male fawns than female fawns.

"We usually give animals due credit for persistence, especially deer," said Dr. Labisky, who has spent three decades researching white-tailed deer. "With male-only hunting, it is very, very difficult to deplete a deer population."

General deer hunting season opens at different times in Florida during the fall (the season opened this past Saturday in Central Florida). While it typically lasts through January or February, hunters are allowed only two days to kill deer that have no antlers, including does.

Dr. Labisky and colleagues examined the reproductive tracts of 380 legally harvested does from four areas of Florida. The Tusconator State Preserve and most of Eglin Air Force Base are off limits to hunting, whereas it is allowed in Camp Blanding

Wildlife Management Area and the Rottenberger Wildlife Management Area.

More than 90 percent of the does in all the areas were pregnant, the research found. Males comprised 56 percent of the fetuses in the hunted areas but just 39 percent in the non-hunted areas, it found. As if that weren't enough, the researchers also found 38 percent of does on hunted sites carried twins, compared with just 14 percent on non-hunted sites.

"Productivity was higher on hunted than non-hunted sites," wrote Dr. Labisky in a summary of the study, which appeared in the Journal of Wildlife Management.

Why would deer give birth to more males in areas where bucks are hunted? Dr. Labisky said the deer's reproductive cycle offers one explanation for the adaptation.

Does typically go into heat for about 72 hours, he said. In non-hunted areas, they find mates quickly, while they take longer to find mates in hunted areas. The later does breed while they're in heat, the greater the proportion of male fetuses, Dr. Labisky said.

In a related research project, Dr. Labisky found that white does typically wait for bucks to find them, they actually seek out bucks in hunted areas where there are fewer around.

From the white-tailed deer's perspective, the findings are good news. On the other hand, the research likely means the animals will continue to be a nuisance in some areas. Dr. Labisky said experts believe the population of deer in the United States is about equal to

what it was before Europeans arrived, with somewhere between 24 million and 34 million nationwide. That's up from just 350,000 in 1900, when the population crashed largely because of unregulated hunting.

Northern states have the biggest problem with overpopulation of deer because their fields provide so much forage. At a time when many of the deer's traditional predators such as wolves and bears no longer pose a threat, Deer in the Midwest also give birth to more fawns, and more of the fawns survive, than in the South, Dr. Labisky's research has found.

In Florida, by contrast, "our groceries aren't as good," Dr. Labisky said. Unlike states such as Wisconsin, with at least 2 million deer, Florida has about 600,000 deer.

The state's deer population is relatively stable—in part because of the deer's unique compensation to hunting, Dr. Labisky said.

## Tips on saving water indoors

The South Florida Water Management District offers the following suggestions for conserving water:

1. Never pour water down the drain when there may be another use for it such as watering a plant or garden, or for cleaning.
2. Verify that your home is leak free. Many homes have hidden water leaks. Read your water meter before and after a two-hour period when no water is being used. If the meter does not read exactly the same, there is a leak.
3. Repair dripping faucets by replacing washers. If your faucet is dripping at a rate of one drop per second, you can expect to waste 2,700 gallons per year. This adds to the cost of water and sewer utilities, or can strain your septic system.
4. Retrofit all household faucets by installing aerators with flow restrictors.
5. Check for toilet tank leaks by adding food coloring to the tank. If the toilet is leaking color will appear in the toilet bowl within 30 minutes. Check the toilet for worn out, corroded or bent parts. Most replacement parts are inexpensive, readily

available and easily installed. (Flush as soon as test is done, since food coloring may stain tank.)

6. If the toilet handle frequently sticks in the flush position letting water run constantly, replace or adjust it.
7. Install a toilet dam or displacement device such as a bag or bottle to cut down on the amount of water needed for each flush. Be sure installation does not interfere with the operating parts. When purchasing new or replacement toilets, consider low-volume units which use less than half the water of older models. In many areas, low-volume units are required by law.
8. Take shorter showers. Replace your showerhead with an ultra-low-flow version. "Some units are available that allow you to cut off the flow without adjusting the water temperature knobs."
9. Place a bucket in the shower to catch excess water and use this to water plants. The same technique can be used when washing dishes or vegetables in the sink.
10. In the shower, turn water on to get wet; turn off to lather

up; then turn back on to rinse off. Repeat when washing your hair.

11. Operate automatic dishwashers and clothes washers only when they are fully loaded. Set the water level for the size of load you are using.
12. When washing dishes by hand, fill one sink or basin with soapy water. Quickly rinse under a slow-moving stream from the faucet.
13. Store drinking water in the refrigerator. Don't let the tap run while you are waiting for cool water to flow.
14. Do not use running water to thaw meat or other frozen foods. Defrost food overnight in the refrigerator or use the defrost setting on your microwave.
15. Kitchen sink disposals require lots of water to operate properly. Start a compost pile as an alternate method of disposing of food waste, instead of using a garbage disposal. Garbage disposals also can add 50 percent to the volume of solids in a septic tank, which can lead to malfunctions and maintenance problems.



Photo/Shawn Alava

On Monday, December 4th, Sales Consultant Yvonne Jones presented Mike Burkett of Lake Hardware his award for winning this year's Pigskin Picks. This is the second year in a row that Mr. Burkett has taken first place in The Sun's annual football pool.

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### Mark Challancin

Mark Challancin, 85, a pioneer Glades resident who arrived in South Bay in 1918, died at Glades General Hospital on Thursday, Nov. 30, 2000. He was engaged in farming for many years before building the J-Mark Fish Camp on Torry Island, which he operated with his wife Mildred until his retirement. A true son of the Glades, he was a talented athlete, and enjoyed fishing and hunting. Survivors include his wife of 61 years, Mildred, sons Mike (Donna) and Jim, (Donna Jeanne) who now operate the J-Mark Fish Camp, daughter Vicki (Norman) of San Miguel de Allende, Mexico; grandchildren Lisa (Steve) Gallagher, Mark, Brundige, Alabama, Ashley, Naples, Michael, Daytona Beach and Zachary Popovsky, San Miguel de Allende, Mexico, and great grandson Dylan Gallagher, sisters Victoria Challancin, and Mary (Julian) Clark, Tampa as well as numerous nieces and nephews. A memorial service will be held on Monday, Dec. 4, at 11 a.m. with Fr. Ronald Hooks of Ascension Episcopal Church, Orlando, officiating, at Glades Funeral Chapel, 1040 North Main St., Belle Glade.

### Clinton Sylvester Francis

Clinton Sylvester Francis was born to Raphael and Doris Francis in Constitution Hill, St. Andrew, Jamaica, on the eve of Nov. 22, 2000 he made his transition. He migrated to the United States in the early 70s where he was a cane cutter traveling back and forth to Jamaica until he became a permanent resident in 1985. He worked for U.S. Sugar Corp. for 13 years as a tractor operator until he became ill in Oct. of 1998 and was medically discharged by the company. He finally retired in April of 1999 from U.S. Sugar Corp. Survivors include his mother Doris; wife, Dorothy; sons, Dwayne, Wilton, Francisco, Des; daughters, Karene, Annette, Judith and 8 grandchildren all of Jamaica.

Funeral services were held Saturday, Nov. 25 at the Apostolic Church of Jesus Christ in Belle Glade with senior Pastor Feld officiating interment followed at Foreverglades.

### Victoria Challancin

Victoria Challancin, age 87, of South Bay died Saturday, Dec. 2, 2000 at Hospice of Palm Beach County. Ms. Challancin was born in Lawley in 1913 and had been a resident of the Glades for many years where she engaged in the farming business. She was a member of St. Philip Benizi Catholic Church in Belle Glade. She was an avid gardener and enjoyed cooking, sewing and was devoted to her family.

Survivors include her loving sister Mary Ruth Clark of Tampa and other family members.

Friends may call at Glades Funeral Chapel Tuesday, Dec. 5 from 6-8 p.m. Funeral services will be held Wednesday, Dec. 6 at St. Philip Benizi Catholic Church in Belle Glade at 11 a.m. with Father Louis Anieto officiating. Interment will follow at Port Mayaca Cemetery.

Arrangements by Glades Funeral Chapel of Belle Glade.

## Xi Zeta Mu Beta Sigma Phi contributes to Toy Drive, ARC

Members of Xi Zeta Mu Beta Sigma Phi celebrated two birthdays during their Nov. 27 meeting at the home of Judy McMillan.

Judy and Gloria Swager were honored. Both ladies received many gifts.

The chapter voted to give toys for the toy drive for children sponsored by the Belle Glade chamber. Members also agreed to donate \$100 to ARC, for articles for the clients there. They also agreed to hold a yard sale in February.

The chapter will attend the Tour of Homes Dec. 15.

The program for the meet-

ing was very informative and was presented by Fire Marshal Don Hamilton.

He talked about fire danger in the home and how to escape if you should have a fire. The Fire Department will help residents install smoke detectors and where to place your fire extinguisher.

The chapter will meet Dec. 4 to reveal who their secret sisters of the year were.

Those attending were Linda McMillan, Jane Evans, Sara Phillips, Karen Corbin, Judy McMillan, Gloria Swager, Florence Acree, Laurel Tarr and Gredale York.



**ATTENTION!**  
The office of The Sun will be closed on Christmas Day, Monday, December 25th. As a result, our deadlines for the issue of December 28th have been moved up. If you need to submit articles or purchase advertising space, please adhere to the following deadlines:

**ADVERTISING SALES:**  
Friday, December 22, Noon

**NEWS SUBMISSION:**  
Friday, December 22, 5:00 PM.

*Happy Holidays!*

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**Life, Health and Variable Annuities Insurance**  
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1/20 - 2/27 Tues 10AM-noon \$30 FL resident

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#### Children First

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### Announcements

100

Important Information: Please read your ad carefully the first day it appears. In case of an inadvertent error, please notify us by the deadline. We will not be responsible for more than the extent of the ad. Advertiser assumes responsibility for all statements, names and content of an ad, and assumes responsibility for any and all claims against Independent Newspapers. All ads must conform to independent publisher's approval. The publisher reserves the right to accept or reject any ad or copy, and to insert above the copy the word "Advertisement". All ads accepted are subject to credit approval. All ads must conform to independent publisher's policy and are restricted to their proper classifications. Some classified categories require advance payment. These classifications are denoted with an asterisk.

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Classified	110
Classified	115
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Classified	125
Classified	130
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Classified	140
Classified	145
Classified	150
Classified	155
Classified	160

Found: 130

FOUND: OLDER COCKER SPANIEL, BROWN PINE C Oak on Flagpole Rd., Cal (863)252-4289

Lost: 135

BLACK LAB, female, 10 mos. old, wearing metal collar. Old, w/ collar. (863)252-4289

Golden retriever, 9 mos. old, well behaved. (863)252-4289

REWARD: \$1000.00. (863)252-4289

Give Away: 140

CHOW/SHARPEI mix female, 10 mos. old, w/ collar. (863)252-4289

FREE: DOUBBLE WHEEL MOBILE. (863)252-4289

Garage Sale: 145

BEACH/DOGS 12/9, 8AM-7 PM. (863)252-4289

1400 N.W. 14th, 2 doors west of post office. (863)252-4289

Christmas items, toys, baby items, etc. (863)252-4289

LEWISTON SAT 12/9. (863)252-4289

332 EAST OCEOLA AVE. (863)252-4289

Christmas items, toys, baby items, etc. (863)252-4289

Paramount: 150

1000 N.W. 14th, 2 doors west of post office. (863)252-4289

Spelling, driving test, etc. (863)252-4289

Special Notice: 155

AFFORDABLE TERM LIFE INSURANCE \$100,000. (863)252-4289

Male 40-10/15mo. (863)252-4289

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**The Classified Center will be Closed Monday, Dec. 25th, 2000**

*Happy Holidays*

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### GLADES INITIATIVE MANAGEMENT

The Glades Community Development Corporation (GCDC) is accepting applications for Board membership on the Glades Initiative Management Board (GIMB).

GIMB is a new organization formed in response to the Department of Community Services' RFP, which was released to create a Glades Initiative. GCDC, as the fiscal agent, was awarded \$150,000 to develop a local system for health and human services that crosses funding agencies, optimizes the impact of local resources and organizations, and develops local collaborative relationships in communities West of the 20-Mile Bend.

The Glades Management Board of Directors will be made up of organizations that are either a not-for-profit 501(c)(3), with Glades corporate addresses, or are human services organizations that provide services West of the 20-Mile Bend, or are local educational institutions or churches, or individuals who have a vested interest in the health and human services programs in the Glades area.

Applications may be picked up by contacting Marian McGhee between the operating hours of Monday thru Friday 9:00 A.M. to 5:00 P.M. at:

GCDC  
401 S.E. 2nd Street  
Belle Glade, Florida

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### SHOP MECHANIC

King Ranch-Florida, located near South Bay, has an immediate opening for a Shop Mechanic. Must have experience repairing various types of farm equipment and vehicles including diesel mechanics. Must also have experience repairing electrical and A/C systems. Salary \$12.00 per hour. Send resume to: Shop Mechanic, King Ranch-Florida, P.O. Box 1207, Clewiston, FL 33440. For an application, please call (863)252-4289.

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Oakley Groves, Inc.

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# ARRIGO DODGE DODGELAND PUTS 1000 VEHICLES IN REACH

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APPROVE  
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## ARRIGO DODGE QUALITY PRE-OWNED VEHICLES

'96 DODGE NEON <small>AUTO LOW MILES!</small>	<b>\$7,990</b>	'00 DODGE INTREPID <small>4 TO CHOOSE!</small>	<b>\$15,990</b>
'97 FORD RANGER XLT <small>BEDLINER!</small>	<b>\$8,990</b>	'99 FORD EXPLORER SPORT <small>LOW MILES!</small>	<b>\$15,990</b>
'99 FORD ZX2 <small>LOW MILES!</small>	<b>\$9,990</b>	'97 CHEVY ASTRO AWD <small>LEATHER! LOADED!</small>	<b>\$15,990</b>
'00 DODGE NEON <small>3 TO CHOOSE!</small>	<b>\$11,990</b>	'00 CHEVY CAMARO <small>AUTO LOW MILES!</small>	<b>\$15,990</b>
'00 DODGE STRATUS <small>5 TO CHOOSE!</small>	<b>\$12,990</b>	'98 OLDS BRAVADA <small>LOADED LEATHER!</small>	<b>\$17,490</b>
'00 FORD RANGER XLT <small>AUTO!</small>	<b>\$12,490</b>	'00 DODGE DAKOTA CLUB CAB <small>V6, AUTO!</small>	<b>\$17,490</b>
'99 MITSUBISHI ECLIPSE RS <small>AUTO</small>	<b>\$13,990</b>	'99 DODGE RAM QUAD CAB <small>2 TO CHOOSE!</small>	<b>\$18,990</b>
'99 GMC SAFARI <small>DUAL A/C WON'T LAST!</small>	<b>\$14,990</b>	'00 DODGE RAM QUAD CAB <small>3 TO CHOOSE!</small>	<b>\$19,990</b>
'98 MERCURY SABLE LS WAGON <small>16K MILES!</small>	<b>\$14,990</b>	'99 DODGE DURANGO <small>DUAL A/C 4X4!</small>	<b>\$23,990</b>
'98 FORD WINDSTAR GL <small>DUAL A/C!</small>	<b>\$14,490</b>	'00 FORD F350 CREW CAB LARIAT LE <small>DEISEL</small>	<b>\$34,990</b>

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YOU HOW  
EASY IT IS  
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APPROVED**

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DODGELAND**  
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